

ABAWD/WIOA Job Search Activity Record

Able-Bodied Adults Without Dependents (ABAWDs) can meet federal ABAWD work rules by participating in job search activity for at least 80 hours a month.

Instructions:

- Spend at least 80 hours each month looking for work or participating in certain approved job search activities.

Examples of Approved Job Search Activity:

- ✓ *Researching jobs and local employers*
- ✓ *Completing and submitting job applications (online or in person)*
- ✓ *Preparing for or participating in job interviews or job fairs*
- ✓ *Attending job search workshops*
- ✓ *Working with CNY Works and the NYS Department of Labor (DOL)*

- Use the Job Search activity attendance record **on the back of this page** to keep track of your progress.
- **You MUST submit the attendance record of your job search efforts by the 5th of the following month** you participated in Job search activity to prove you’re meeting the federal ABAWD work rules.
- If you don’t submit proof of your participation, you may lose your SNAP benefits.

WHERE TO SUBMIT THIS FORM:



Email: OnondagaABAWD@dfa.state.ny.us



Fax #: 315.472.1708



ABAWD Drop Box: located on 2nd Floor of Civic Center near entrance to DSS-ES

Additional ABAWD Forms Available on 2nd Floor of Civic Center DSS-ES Lobby

To Find Job Openings Visit:		Additional ABAWD Forms Also Available:
DOL Jobzone jobzone.labor.ny.gov	NYS DOL Job Bank myjobsny.usnlx.com/jobs	Onondaga County onondaga.gov/dss/forms-links/
		

